

Action Meeting Format I: Developing a Prosperity Vision and Initial Actions

"We organize action meetings with other UA Members to discuss our earning concerns and to generate actions that will bring more prosperity into our lives."

—from the UA Tools

This is a guideline for an Action Meeting, designed to let two people help you express your prosperity vision, and to generate specific actions based on that vision. Use the suggestions that best serve you and the action team that has come together to support you.

Begin with prayer or meditation

- The "We" version of the Serenity Prayer or the Third Step Prayer (see over) can be appropriate, or you can read or recite something else of your choosing.
- Read a statement of intent, or something you feel is relevant from UA or Twelve Step Literature, before you begin your work together.

Brainstorm—What does prosperity look like to you?

- In two to three minutes, write or say as many words, concepts or images that come to mind. (Your action team may "scribe.")
- These are your Prosperity Elements.
- When complete, read the list of your prosperity elements.
- Go back and circle the items that are the most important to you.
- Share anything you like about the list with your action team.
- What did you leave out? Add any additional items and discuss.

Define three Prosperity Categories

- What three categories could include all, or most, of your prosperity elements listed? Discuss if necessary.
- On a second sheet of paper, make three columns and write one category at the top of each column.
- List all the items from your prosperity list under the appropriate category.

Next, define Actions

- Based on your three categories and the prosperous elements listed under each, create actions for each category.
- On a third sheet of paper, create your three columns again and write Actions you could take under each category.

Close with prayer or meditation

- Once again, the Serenity Prayer or the Third Step Prayer or another prayer or meditation of your choosing.

Next meeting

- Agree with your action team on the date and time and location of the next meeting.

— ♦ ♦ ♦ —

SERENITY PRAYER

"God, grant us Serenity to accept the things we cannot change, Courage to change the things we can and Wisdom to know the difference."

TAKEN FROM THE THIRD STEP PRAYER:

"God, I offer myself to you—to build with me and to do with me as you will. Relieve me of the bondage of self, that I may better do your will. Take away my difficulties, that victory over them may bear witness to those I would help of your power, your love and your way of life. May our work here together be guided by God's will."